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Mourning and Motivation

by [Renee Lertzman, PhD](#) | Dec 6, 2016 | [Featured Media Coverage](#), [Interviews](#), [Video](#) | [0 comments](#)



Days following the election, many of us were wondering how best to cope emotionally, politically and cognitively to the turn of events. Especially for those working in the environment and climate sectors, it's felt particularly daunting.

The Human Impacts Institute graciously got in touch and suggested we have an online dialogue about precisely this, for their wonderful Impacts Hour series.

San Francisco artist Alicia Escott joined myself and Tara DePorte from HII for this intimate discussion about how we can sustain ourselves. Please check out this video of the Impacts Hour, and get in touch with me if you have any further questions.

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